

# THE HOOF BEAT

## **HORSEPOWER** Newsletter

### Location

26659 Blue Sage Ln  
Ste 100  
Sioux Falls, SD 57106

### Phone

605-251-1685

### Website

[www.horsepowersf.com](http://www.horsepowersf.com)

### Check out our Socials!

#### Facebook

"HorsePower"

#### Volunteer Facebook

"HorsePowerSF Volunteers"

#### Twitter

@HorsePowerSFSD

#### Instagram

horsepowersfsd

#### LinkedIn

horsepowersfsd

### Important Forms

#### New and Returning Client Forms

Under Resources Tab:

<https://horsepowersf.com/resources>

#### Volunteer Forms

Under Get Involved Tab:

<https://horsepowersf.com/get-involved>



### Note from the Staff

We have had a lot of changes around the barn lately, but with change comes growth.

We wish Eric well in his future endeavors and thank him for his impact on the organization. Board member and experienced volunteer Craig Johnson has graciously agreed to assume the interim Executive Director position.

We see growth in our clients all the time, from overcoming fear of horses, riding with reins for the first time, or controlling their horse independently. We are excited to watch them continue to grow and to see how HorsePower grows.

*Board of Directors, Craig, Kim, Sierra & Lacy*

### We have a new Therapeutic Riding Instructor

#### Sierra Post



Hi, I'm Sierra! I grew up in Astoria, OR, and moved to South Dakota after marrying my husband, Ethan. As a child, I spent every opportunity I had to hang out with horses, whether that was riding in a small town parade, or trying to make halters out of bailing twine for my grandma's horse. After moving here, I needed to get my "horse fix" and I found HorsePower, which snowballed into me spending most of my days at the barn. This past summer, I helped out as the second Therapeutic Riding Instructor. I grew to care

for not only our beloved horses but the clients' and volunteers. Watching the clients progress is truly amazing and I'm so glad that I get to play a part in their growth.

### Important Dates

- Spring session is March 25th - May 17th
- Registration Deadline for Summer 2024 is April 18th 2024
- Volunteer Training - Postponed
  - Watch our Facebook for new date & time

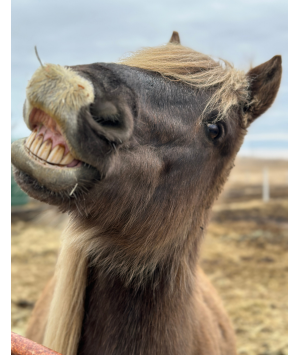
### 2024 Schedule

- New Year
  - January 15 - March 1
- Spring
  - March 18 - May 10
- Summer
  - June 3 - August 2
- Fall
  - August 19 - Oct. 11
- Winter
  - Oct. 28 - Dec. 13

## Our 4 - Legged Friends

**It takes a very special horse to be a therapy horse.**

Captain America is not just a super hero because of his name, he is a hero in our hippotherapy program! Captain has been with the program for over 5 years. He is a gypsy vanner cross so he is on the shorter side which is perfect for all his little riders. He is about 17 years old. Captain is not big on affection from staff and volunteers but he will let his clients love all over him.



## Client Spotlight

**In this section we will put focus on some of our wonderful clients and their stories. We are in awe everyday by the strides our clients make.**



Claire is a fairly new rider with us, having just completed her second session of Hippotherapy. Her family heard about us from her birth-to-3 Occupational Therapist. Her favorite horse is Captain! Her family loves how calm and patient Captain is even if Claire is upset. When asked how HorsePower has helped Claire her family said, "her core strength & balance have gotten so much better since she started riding. She is also more vocal and is showing more ambition and courage to pull herself up to stand. The success we've seen and the milestones she has accomplished are thanks to her partner Captain." Claire likes to laugh during her lessons and listen to people sing to her. "HorsePower stands for so much more to us than just a place to ride horses. We will always recommend and rave about HorsePower!"

## Thank You!

- Thank you to all who came out and supported us at Pizza Ranch in January. We raised just over \$1,000. Thank you again to Pizza Ranch in Hartford, SD for hosting us.
- Thank you to Jayne Solberg for arranging the use of Minnehaha Country Club for our Blue Jean & Bling fundraiser.

### Wish List

- For the horses
  - Shavings for stalls
  - Rubber feed pans
  - Gift cards
    - Tractor Supply or Fleet Farm
- For the office
  - Epson 822 xl printer ink
- Miscellaneous
  - Dry Cat Food

We have a new wish list portal!! You can find it at: <https://www.myregistry.com/giftlist/horsepowersfwishlist>

Or scan the QR code below



### DONATIONS

You can donate on our website (<https://horsepowersf.com/donate>) by clicking the donate button in the upper right hand corner. All physical donations can be dropped off at the farm M-Thurs. 9 -5 or mailed to us.

## Upcoming Events

### Blue Jeans & Bling 2024

It is that time of year again to save the date for our annual fundraiser, Blue Jeans & Bling! Once again this year we will be at the beautiful Minnehaha Country Club in Sioux Falls. Mark your calendars for Thursday May 23rd. Physical tickets are not on sale yet but you can purchase them through our GiveButter site. Scan the QR code for your online tickets.



We are still looking for event sponsors and items for our silent and live auctions. If you or someone you know is interested in being part of our fundraiser, please have them reach out to [coordinator@horsepowersf.com](mailto:coordinator@horsepowersf.com)

Thank you to our current Blue Jeans & Bling Sponsors!

- Grand Prix Sponsors
  - Natural Grocers
  - First Premier Bank
- Polo Classic Sponsors
  - Keith Thompson - Step by Step - Just a little more
  - Tracy Wilbeck - Acendas Travel
- Showmanship Sponsors
  - OsteoStrong
  - Mitchell Counseling & Consulting
- Sponsors committed after March 8th will be featured in our Summer news letter.

## Donors/Grants

- Thank you to the Avera Community Partnership Fund
- **Thank you to ShowPlace Cabinetry and Justin Ehrman**

